



# **COVID19 SAFETY PLAN JANUARY 2022**

**Please arrive at the door on time; not early.**

**Prior to entry, you will be asked if you've been in close contact with someone who has any of the following COVID symptoms:**

- **Diarrhea**
- **Nausea or vomiting**
- **Headaches**
- **Body aches**
- **Extreme fatigue or tiredness**
- **Loss of appetite**
- **Sore throat**
- **Loss of sense of smell or taste**
- **Cough**
- **Difficulty breathing**
- **Fever or chills**

**If so, we ask you to return home and rebook your session to virtual over the next 5 days. Watch for symptoms.**

**If you have not been exposed, we will ask you to:**

- **Wash your hands or sanitize when you enter and leave**
- **Wear a medical mask throughout your treatment session**
- **Keep a distance of 2 metres at all times**

**Thank you for helping us keep you and others safe.**